

# OPEN GYM

## “Train with the Pros” Open Gym

Back due to high demand this year at Mismo is open gym for all children ages 6 and up. They will be held one Saturday a month from 10am - 11:15am. This is a structured time in the gym where kids get to choose which events and skills they want to work on with master level coaches available to help them achieve their goals.

### Need to do a make-up?

Come to a “Train with the Pros” Open Gym for your next make-up on a missed class. It **MUST** be scheduled at the time of the missed class to qualify for a make-up. Flipo, TNT, Roughneck and Flip Factor classes are eligible.

#### Dates:

2007: 9/15 • 10/13 • 11/10 • 12/8

2008: 1/12 • 2/9 • 3/8 • 4/12 • 5/10



## Preschool Open Gym

Also very popular in the Gizmo program are the Preschool Open Gyms offered to walking toddlers to children 6 years old. Parents are required to be on the floor with their children at all times. These Open Gyms will be held one Friday a month from 10:30am to 11:30 am. You may also attend a Preschool Open Gym as a make-up for a missed Gizmo class, but it must be scheduled at the time of the missed class to be eligible.

#### Dates:

2007: 9/7 • 10/5 • 11/2 • 12/7

2008: 1/11 • 2/1 • 3/7 • 4/4 • 5/2

### Open Gym Prices

Active Member.....	\$5.50
Inactive Member .....	\$6.50
Non-Member .....	\$7.50